



## Zac can't keep his shirt on

Just days after he showed off his ripped body on the beach, ZAC EFRON once again went shirtless in Hawaii on June 19. How does he stay in such great shape? "I like backpacking, hiking, surfing, swimming, playing tennis — things that get you active and are also fun."



## WHAT THE stars ARE...

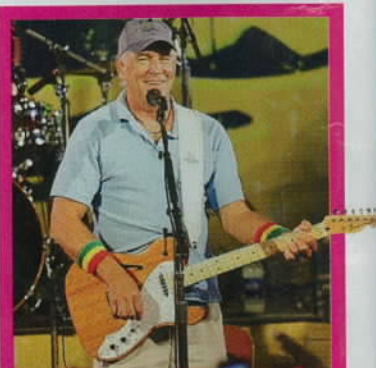
### Supporting

RACHEL WEISZ and NAOMI WATTS are supporting friend Dr. David Colbert's NYDG Foundation: Rx Haiti, which raises funds to provide ongoing care for the earthquake victims ([nydg.com/haiti](http://nydg.com/haiti)).



### Feeding their kids

When TORI SPELLING wants to give son Liam a healthy snack, she reaches for Pirate's Booty — all-natural rice and corn puffs. Other fans include fellow moms Jessica Alba and Courteney Cox.



### Doing to help with the oil-spill disaster

CMT is joining forces with singers like JIMMY BUFFETT to remind people that the Gulf is open for business despite the crisis. The concert airs July 1 on CMT.



### Biking with

Former *Bachelorette* winner RYAN SUTTER will ride the Specialized S-Works Transition bike in the July Ironman competition. The tri-bike was a Father's Day gift from wife Trista and his kids ([specialized.com](http://specialized.com)).